

Head lice - checking and treating with wet comb & conditioner

Wet combing with conditioner and a fine tooth nit comb (without using chemicals) is an effective way to find and remove head lice, if done properly.

It can take up to an hour to remove all live lice and eggs. It depends how thick and long the hair is.



- Make your child comfortable and let them read their favourite book or watch their favourite programme or movie.
- Comb or brush out knots with an ordinary comb. Put lots of conditioner through wet or dry hair.
- Start at the scalp and go all the way down to the hair ends.



- Comb conditioner through hair, using an ordinary comb.



- Change to a fine-tooth head lice comb and comb sections of your child's hair.



- Comb from the roots to the ends of the hair.



- After each comb, wipe the conditioner on to a paper towel or tissue.
- Check the tissue or paper towel for lice and eggs. They're small so look closely!



- Comb every part of the head, section by section. Comb each section at least 4 or 5 times before moving on to the next section.
- Rinse out conditioner.
- If you find lice or eggs, repeat these steps every day until you find no lice for 3 days in a row.
- Check the hair of everyone in the house twice a week for the next 2 weeks to make sure everyone stays clear.