

ADDRESS I 45 Knighton Road, Hamilton, 3216
PHONE I (07) 856 5399
FAX / ANSWERPHONE I (07) 856 5393
WEBSITE I www.kns.ac.nz
PRINCIPAL I Andrew Campbell M.Ed. (Educational Leadership), B.Ed., Dip.T.

## **Knighton Martial Art Club - Term 3**

Dear Parents / Whānau, 24 June 2025

Your child has indicated they would like to join the Knighton Martial Arts Club during term 3. We will be practising a range of martial arts; however, the main focus will be on learning the Judo NZ syllabus. Students will partake in grappling but will not be striking each other. The lessons will give tamariki the opportunity to work on their Knighton values, such as whakaute/respect, manawaroa/resilience, and hauora/well-being. Permission slips need to be completed and handed into the smiley face window by **Friday**, **27th June**. **There is a limit of 25 students, so it will be first-in, first-served**.

## Where and When

Friday's - Break 2 12:45pm - 1:30pm in the Knighton School Hall.

Cost: FREE. The cost will becovered by the school.

## **Expectations:**

Excellent behaviour will be expected of all members. There will be consequences for those members who do not meet these expectations.

1st warning - students will sit out and watch the next training session.

2nd warning - students will sit out the next 2 training sessions.

3rd warning - students won't be able to come to training sessions for the rest of the term.

## **Qualifications**

I have spent 19 years training at Henkada and Gisborne judo clubs. I am a black belt in the martial art of judo and spent 6 years training in Muay Thai at Waikato Muay Thai.

Practice Clothes - your child will need to wear a rugby jersey or any clothing that is hard-wearing.

Ngā mihi	
James Penman   senior teacher   jpenman@kns.ac.nz	
Please return this slip to the Frog Box at the Smiley Face Window by Friday, 27th June.	
Signed:	(must be signed by parent/caregiver, not a child)
Signed:	(must be signed by student looking to participate)