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Kia ora e te whānau.

Keeping Ourselves Safe

Throughout the next few weeks our school will be taking part in the unit, ***Knowing What To Do*** (Yr 1-3) / ***Getting Help*** (Yr 4-6), which is part of the personal safety programme ***Keeping Ourselves Safe (KOS)***.

Keeping Ourselves Safe has been designed to provide children with the skills to cope in situations that might involve abuse.

It has three overall aims:

- To develop and strengthen skills children need to keep themselves safe;
- To support and encourage children to get help from caring adults;
- To make parents and teachers more aware of the need to keep children safe.

Knowing What To Do / Getting Help has been developed by the New Zealand Police and the Ministry of Education. Your child's teacher will teach the unit.

To be successful ***Keeping Ourselves Safe*** needs your help and support. Some homework will come home for you to work on with your child. It is important that you participate as much as possible, so that you can reinforce the messages children are getting and help your child use their new skills with confidence.

**We welcome all caregivers to attend our
Keeping Ourselves Safe parent meeting that will be held
tomorrow Tuesday 11 August at 2.15pm in the staffroom.**

Ngā mihi nui

Stuart Armistead
Principa