



ADDRESS | 45 Knighton Road, Hamilton, 3216

PHONE | (07) 856 5399

FAX / ANSWERPHONE | (07) 856 5393

WEBSITE | www.kns.ac.nz

PRINCIPAL | Andrew Campbell PGDip. Org. Behaviour, B.Ed., Dip.T.

Monday, 10 March 2025

Dear Parents / Caregivers,

Interschool Swimming Sports 2025

Day: Thursday 13th March

Time: 9.00 - no later than 2.30 (maybe as early as 12.00)

Where: Tamahere - Vela swimming pool complex

Your child has the opportunity to represent Knighton at the South East Hamilton Primary Schools Interschool Swimming Sports on Thursday, 13th March. This competition will take place at Tamahere Model Country School. swimming caps are compulsory. I have some available.

Your child will compete in the freestyle and backstroke events for their current age group (9-year-olds and 10-year-olds, rather than Year 5 or Year 6).

This is a fantastic opportunity to attend an Inter-School event, have a go, and have some fun.

It is a full-day programme with the children leaving straight after the roll at 9:00 a.m. and returning by 3:00 p.m (at the latest.) As only a small number of Knighton students are attending, they will be travelling via private motor vehicle to Tamahere School.

Children will need to bring the following gear:

Swimming togs and swim cap (I have some spares)	2 towels
Lightweight clothing for sun protection	Warm clothes in case it gets cold
School hat	2 drink bottles - Water only
Large healthy lunch	Sunscreen

**Please complete and return the permission slip below by Tuesday, 11 March
to the Frog Box at the Smiley Face window or to Mr Hannah**

Regards

David Hannah

Sports Coordinator | dhannah@kns.ac.nz

Knighton Normal School – Interschool Swim Team 2025

South East Hamilton Primary Schools 2025
Draft PROGRAMME OF EVENTS

9.20am	Schools assemble at Tamahere. Officials meeting.							
9.30am	Welcome and explanations of the programme.							
9.40am	Swimming of the heats in each event.							
		Freestyle		Backstroke		Breaststroke		Medley Timed finals
		Stroke demonstration		Stroke demonstration		Stroke demonstration		Backstroke Breaststroke Freestyle
H E A T S	1	7 year old girls	9	7 year old girls	17	7 year old girls	25	9yr Boys
	2	8 year old girls	10	8 year old girls	18	8 year old girls	26	9yr Girls
	3	9 year old girls	11	9 year old girls	19	9 year old girls	27	10+yr Boys
	4	10+ year old girls	12	10+ year old girls	20	10+ year old girls	28	10+yr Girls
	5	7 year old boys	13	7 year old boys	21	7 year old boys		
	6	8 year old boys	14	8 year old boys	22	8 year old boys		
	7	9 year old boys	15	9 year old boys	23	9 year old boys		
	8	10+ year old boys	16	10+ year old boys	24	10+ year old boys		
12.00 approx	30 min Lunch (or at end of the heats)							
12.30 approx	Finals If no Knighton children have made finals, we will return to school earlier than planned.							
		Freestyle		Backstroke		Breaststroke		
F I N A L S	23	8yr Boys	29	8yr Boys	35	8yr Boys	41	Relays (Timed Finals)
	24	8yr Girls	30	8yr Girls	36	8yr Girls	42	
	25	9yr Boys	31	9yr Boys	37	9yr Boys		
	26	9yr Girls	32	9yr Girls	38	9yr Girls		
	27	10+yr Boys	33	10+yr Boys	39	10+yr Boys		
	28	10+yr Girls	34	10+yr Girls	40	10+yr Girls		
	Farewell / pack up / Return to school prior to 3 pm.							

Interschool Swimming Sports

KNIGHTON INTER-SCHOOL SWIM TEAM

I give permission for my child to attend the Interschool swimming. I acknowledge that they will travel by private vehicle to the Interschool Swimming Sports at Tamahere Model Country School on Thursday 13th March and will be accompanied by a member of Knighton Normal School staff.

Child's name: _____

Child's age as of 7th March: _____

Medical information:

Allergy: Yes / No

If yes, please provide details:

Asthma: Yes / No

If yes, please provide them with an inhaler for the day. We will have emergency ventolin, but it is better if one is provided.

Other medical information:

Name of parent/guardian (please print): _____

Contact Phone: _____

Parent/guardian signature: _____